## EHC Running Club

Enthusiasm Heart Commitment

**Mondays and Wednesdays** 

7:05 -7:55 am, rain or shine

**Beginning August 31** 

Grades K-5 welcome

- Fitness
- Fun
- Friendship
- It's Free!!

Return permission slip below to your teacher, to Ms. Butterworth, or to the E. Hale Curran office.

Bring water and a snack.
Wear appropriate shoes and attire.

For more information contact the club advisor, Ms. Butterworth.

dbutterworth@murrieta.k12.ca.us



Awards and certificates

## for:

- 25 miles
- 50 miles
- 75 miles
- Centurion Level:

100 miles

Time trials



Name	
Teacher and grade	
Parent/guardian name	
Parent cell phone	
Parent email	

Does participant have asthma or other health conditions?

Yes

No

By signing and submitting this form, you give your child permission to participate